

Finding your Ring Size

Check the size of the measurement chart with your ruler.



Measure your current ring

Step 1: Print the circle table below with exact size. (Set printer as paper size of 100%)

Step 2: Place your current ring with appropriate size over the circles below, matching the inside edge of the ring to the circle nearest in size.

Step 3: Choose the larger size in case the rings falls between two sizes.



MBLife.com uses US Size measurements.

Size 3	Size 3.5	Size 4	Size 4.5	Size 5	Size 5.5	Size 6
14mm	14.4mm	14.8mm	15.2mm	15.6mm	16mm	16.45mm
Size 6.5	Size 7	Size 7.5	Size 8	Size 8.5	Size 9	
16.9mm	17.3mm	17.7mm	18.2mm	18.6mm	19mm	
Size 9.5	Size 10	Size 10.5	Size 11	Size 11.5	Size 12	
19.4mm	19.8mm	20.2mm	20.6mm	21mm	21.4mm	